

July 2022 Bulletin from the H&W Trustees

The Trustees of the PPWC – Employer Trusteed Health & Welfare Plan met on June 20th and would like to update you on a number of items relating to your group benefit coverage.

Purchasing Travel Insurance when Travelling

With travel restrictions easing across Canada and as members consider more travel this summer, we would suggest continuing to check Canada’s travel advisory before travelling anywhere <https://travel.gc.ca/travelling/advisories>. As well, in the event of out of province travel, the Trustees would like to remind you that you should consider purchasing an individual travel insurance plan before travelling out of province. As a member of the trusteed Plan you are eligible to receive a special discount of 10% through Pacific Blue Cross (PBC). Simply enter your health and dental policy number when completing the application and the 10% discount will be automatically applied to your purchase through PBC.

If you have a pre-existing condition, you should consult your individual plan insurer to assess your coverage needs and determine what insurance restrictions apply, including as it relates to COVID-19. For example, the PBC plan includes several limitations that you should be aware of; if you have any questions or concerns, you should discuss further with PBC. Please visit www.pac.bluecross.ca for more information.

Desjardins Changes to Communication Protocols

Desjardins will be modifying their communication protocols to further ensure protection of members’ personal information. Additional steps will be taken to protect sensitive information, such as adding password protection to confidential materials and removing personally identifiable information from emails. Details of the changes as well as the implementation date are to be confirmed. If you need to send Desjardins confidential information by email, please be reminded to password protect the information or use a secure delivery method.

Drug Supply Limits for Maintenance Medication

Maintenance drugs are used to control and manage a variety of chronic or long-term conditions such as high cholesterol, high blood pressure, and diabetes. The Trustees would like to remind you that PBC’s standard supply for maintenance medication is 100 days, so that you do not have to visit the pharmacy frequently and incur additional dispensing fee charges. Please explain to your physician that your extended health plan allows a 100 day supply for maintenance medications, and to please adjust your prescription to the 100 day supply.

Member Surveys

The Trustees would like to remind you of the two surveys available for you to share your feedback:

- Health and Welfare Plan Survey available [online](#) and in [PDF](#) on the PPWC National website: <https://www.ppwc.ca/benefit-plans/> to share your general feedback regarding the Plan.
- Disabled Member Survey to be completed once you return from a weekly indemnity or long term disability claim. These surveys can be obtained from your Plan Administrator.

Feedback from these surveys will help the Trustees understand any issues or concerns with the Plan, and the disability process from the member's perspective in an effort to continually improve the process.

New Trustee Announcements

Several new Trustees of the PPWC – Employer Trusteed Health and Welfare Plan have been appointed as follows:

- **Craig Dubyk**, Human Resources Superintendent of Harmac Pacific, as a Management Trustee effective July 1, 2022. Craig will replace Grant Brebber whose term will end December 31, 2022.
- **Nick Korn**, Human Resources Advisor of Canfor Pulp, to replace Chad Third as an Alternate Management Trustee effective June 20, 2022
- **Allison Pirie**, as an Alternate Union Trustee for PPWC Local #2, effective July 1, 2022
- **Greg Petersen**, as an Alternate Union Trustee for PPWC Local #9, effective July 1, 2022

Trustee meeting date remaining for 2022

October 19, 2022